



Seekonk Parks and Recreation
Ski and Board Program Handbook
2017-2018 Season



About the Ski and Board Program

The Seekonk Parks and Recreation committee is offering a Ski and Board program to all Seekonk residents that attend Middle School or High School. This program was offered as part of a school club by the Seekonk School department in the past, and is now being offered by the Seekonk Parks and Recreation Committee.

The basic structure of the program remains the same; we bus students to Wachusett Mountain for 6 Friday evenings during January and February. There are typically 2 or 3 busses with 100 to 150 participants. The cost of the program ranges from \$290 and up, depending on whether the student requires equipment rental, lessons, or additional services. The per-student cost for the lift pass is \$140, and the program fee is \$150. These fees cover the entirety of the 6-week program.

The registration process is a 3-part process. The first part of the registration process entails filling out the registration forms in Google Forms(<https://goo.gl/forms/7EZ0sIM3m5MXklrP2>), send a check or money order for \$150 to the Town of Seekonk Parks and Recreation department. **Last** go to the Wachusett website www.wachusett.com/schoolgroups, so you can register with the mountain. Enter correct access code for your school. The Access Code is SEEK for High School and SEEM for the middle school. **Do not sign up at Wachusett until the program fee is paid.** As part of the mountains registration, you will need to indicate whether or not you need lessons and/or equipment. More details regarding the registration process are covered later in this handbook.

Ski and Board Program Contact Information

Ski and Board Program Director	Mr. Wills	mrwillsseekonkrecreation@gmail.com
Seekonk Parks and Recreation Director	John Pozzi	seekonkrecreation@gmail.com Cell-ph or text 508-944-4226
Seekonk Parks and Recreation Program Contact	Jim Troiano	james_troiano@yahoo.com Cell: 774-266-3189
Web Site		http://www.SeekonkRecreation.org/SkiClub
Remind* Hurley		Text to 81010-@hurleysk Or send e-mail hurleysk@mail.remind.com
Remind* High School		Text to 81010-@shssk Or send e-mail shssk@mail.remind.com

Please do not contact the Seekonk HS or Hurley MS for information about the trips. Please use e-mail mrwillsseekonkrecreation@gmail.com or seekonkrecreation@gmail.com or use remind.

**Remind is a texting program that keeps phone numbers private. Seekonk Recreation will not have your phone number but you will receive updates concerning the ski/board program as long as you want to.*

Wachusett Planned Trip Dates (subject to weather cancellations)

Week 1: Friday, January 05, 2018
Week 2: Friday, January 12, 2018
Week 3: Friday, January 19, 2018

Week 4: Friday, January 26, 2018
Week 5: Friday, February 02, 2018
Week 6: Friday, February 09, 2018

Letter from the Program Director

It is finally here!!! Starting January 5, 2018, and the next five “skiable” Fridays, the Seekonk P&R Ski program will be going to Wachusett Mountain to ski and board. Below is some information that will be helpful to prepare yourselves and your children for the program.

1. All participants and chaperones must wear helmets and the LED light that will be provided. All participants must ski or board with a Seekonk Program member.
2. All forms and payments must be submitted properly in order to ski or board.
3. Do not contact the SHS or HMS for information about the trips. Use this e-mail mrwillsseekonkrecreation@gmail.com, Remind, call or text John Pozzi at 508-944-4226 or seekonkrecreation@gmail.com Please sign up for remind texts for ski program alerts.
 1. Remind* Hurley; Text to 81010 to @hurleysk or send e-mail hurleysk@mail.remind.com
 2. Remind High School; Text to 81010 to @shssk or send e-mail shssk@mail.remind.com
4. Equipment drop off:
 - a. Hurley MS: All skis, boards and bags for mountain need to be dropped off between 7:55 and 8:15 in the morning at the blue concession stand at the end of the fields behind HMS. Or at the bus at 2:30. Skiing and boarding equipment are not allowed on the school busses. Car-pooling equipment maybe an option for some. Bus will leave promptly at 2:40.
 - b. Seekonk HS: All skis, boards and bags for mountain need to be dropped off between 6:45 and 7:20 in the morning in the bathrooms near the auditorium. Or at the bus at 1:50. Skiing and boarding equipment are not allowed on the school busses. Bus will leave promptly at 2:05
5. Middle school participants will only need to get on the bus in the front lobby, when the school dismisses the walkers. Their luggage will already be on the bus with the help of chaperones. Participants will change at the mountain.
6. Student will be asked to call home 20 min before we arrive back at the school. There will be no access to the schools upon returning.
7. The participants and their guardians are responsible for making sure each child has appropriate clothing. Prepare for the cold, bring jackets, gloves, - (jeans are not appropriate), long johns/Under Armor. Goggles, scarves hats, hand and foot-warmers, extra socks and gloves are helpful but not necessary. Don't forget the helmet...
8. Food is available at the mountain or may be brought from home. A drink and food item will cost about \$10.00
9. Participants must follow the rules of the program and the mountain and may be asked to sit out, if they do not follow the rules. If there are repeated violations or the violation is deemed serious enough, participants will be dismissed from the program, with no refund.
10. The participants are required to check in at certain times. If they are late checking in they will be asked to sit for a period of time.
11. Chaperones will help students get rentals and lessons for the first few weeks. An adult chaperone will be available at all times at a designated location in the lodge.
12. Transportation for chaperones is available only if there is space and they have met the CORI obligation. Chaperones may have to drive and contribute to chaperone lift badges.

See You Soon and Think Snow!

Mr. Wills
Seekonk Parks and Recreation Ski and Board Program Director

Ski and Board Program Costs

The table below summarizes the costs for participating in the Ski and Board program. The Lift Badge and Bus Pass are required for all participants. Ski lessons are required for beginners, optional for all other participants. Equipment rental is required if the participant does not have the required equipment. Please note that the season is based on a 6-week time frame that takes place on Friday nights.

Lift Ticket (Lift Badge)	\$140.00/season	(purchase on Wachusett Mountain web site)
Ski Lessons (optional)	\$60.00/season	(purchase on Wachusett Mountain web site)
Ski Equipment Rental (optional)	\$100.00/season	(purchase on Wachusett Mountain web site)
Snow Board Equipment Rental (optional)	\$100.00/season	(purchase on Wachusett Mountain web site)
Helmet Equipment Rental (optional)	\$20.00/season	(purchase on Wachusett Mountain web site)
COW Card	\$45 for \$50/card	(purchase on Wachusett Mountain web site)
Terrain Park Pass	\$5	(purchase on Wachusett Mountain web site)
Badge Insurance	\$25	(purchase on Wachusett Mountain web site)
Program Fee	\$150/season	(check for Town of Seekonk)

How to Sign Up

Complete the online registration forms for both Seekonk Parks and Recreation and Wachusett. Print and sign the Parks and Recreation Signature and Waiver Forms. Pay Wachusett Mountain online and submit a check to Seekonk Parks and Recreation. Checklist and links are in the section labeled **Ski and Board Registration Checklist** on a following page. .

In order to complete the registration, please complete the online registration forms or the forms contained within this handbook and return to the Ski and Board program via one of the following methods:

1. (In-person) at the informational meeting on November 15th, 2017 @6:30 to be held at Seekonk High School. Meeting details will be made available on the Seekonk Parks and Recreation web site (<http://www.SeekonkRecreation.com/ski>)
2. (Drop-Off) in the white box out front of town hall (it's the "after hours" box). Please mark an envelope with ATTN: John Pozzi.
3. (Mail) to the following address
Seekonk Town Hall
Attn: Parks & Recreation
100 Peck Street
Seekonk, MA 02771

Cancellation Policy

Anyone wishing to withdraw from the program should do so prior to December 1, 2017 and will receive a partial refund for the Seekonk Ski and Board program's (bus portion). Seekonk Parks and Recreation is not responsible for the refund of the lift pass and or rental policies from Wachusett. It is recommended that participants purchase the badge insurance from Wachusett to insure the best possible refund from Wachusett.

Weather Policy

Seekonk Ski and Board Program reserves the right to cancel a trip if the weather is not conducive to good skiing or safe travel to and from Wachusett Mountain. In the event of a canceled trip a new trip will be scheduled in its place, weather permitting. The Ski and Board Program will do its best to reschedule for a day that suits the majority of participants.

Chaperones:

We are always looking for good chaperones. Chaperones are subject to the same rules for skiing as the participants. They are expected to set a good example for the participants and keep the coordinators informed of anything that affects the health, safety and well-being of participants and other guests of Wachusett Mountain. Chaperones are welcome to bring family members and may be expected to provide their own transportation. A \$50 fee will be charged to help defer the cost for additional passes.. Sign up to be a chaperone at the following link.

<https://docs.google.com/forms/d/e/1FAIpQLScezOQnQgBFuTaP7ChddXW18l7n2J96XRG1pxiwFStsn5dVfA/vi/ewform?c=0&w=1>

Guests:

Guests are welcome at the discretion of the director. They will be expected to follow all rules in this handbook, pay for tickets and bus, as well as sign waivers 48 hours in advance of any trip.

Forms for guests can be found here. <http://www.SeekonkRecreation.org/ski>

Additional Trips:

Each year the Parks and Recreation Department sets up a Saturday trip to a larger mountain. In the past we have visited: Loon Mountain, Jay's Peak, Waterville Valley, or Mount Snow. These trips will be limited to one bus for including chaperones, and students from both the middle and high schools and their families. These trips will have additional costs. All the rules of the rules of this handbook will also apply. Space will be on a first come first serve to those that have all forms and monies submitted and accepted. We have tentatively scheduled this years trop for March 3, 2018.

Sports other Conflicts:

Every year individuals sign up for the Ski Program without realizing it may conflicts with a sports team or another activity. Be proactive, check with coaches, music instructors, churches, etc before signing up. They may or not be flexible with the ski program. We do not issue refunds due to these conflicts. The mountain does offer coupons for missed trips.

After the season:

Save your pass. You can general ski for half price after the winter holiday with your school RFID pass.

Ski Program Rules

General Rules

1. All participants must ride the bus to the mountain. Participants can return with a parent, provided prior written notice is given to the program coordinator.
2. Skis and boards not allowed on school buses and must be brought to appropriate location.

Hurley Middle School participants may store skis at the HMS concession stand (near baseball fields) 30 minutes before the start of school, or may load on bus at 3:30pm.

Seekonk High School participants may store skis near HS auditorium 6:45am -7:20am and at 1:45pm.

3. Skis and snowboard are not allowed in the lodge.

Program Safety Rules

1. Helmets must be worn – no exceptions. This includes chaperones and guests.
 - 1st offense: Sit out the remainder of the trip
 - 2nd offense: Miss the next trip
 - 3rd offense: Dismissed from the program with no refund

Chaperones that do not wear helmets will be asked to not participate.

2. The “buddy system” is in effect for this program, groups of 2 and 3 are allowed. Any participant that is skiing or snowboarding alone will sit the remainder of the trip.
3. Participants must wear illumination device and return at end of season (\$10 replacement cost).
4. All participants must ski/board in control at all times. The program reserves the right to require lessons for any participant that requires additional skills to be safe.
5. All participants that are beginner level skiers or boarders must purchase and attend lessons before attempting either.
6. No participant should pressure another participant to ski on trails that the other doesn't have the ability to ski/board.

Program Conduct Rules

1. All participants are responsible for reporting any bullying or harassment directed at or by any member of the program.
2. Inappropriate language will not be tolerated.
3. Any participant acting inappropriately will be dismissed from the program with no refund, examples of such behavior include: fighting, stealing, etc. These actions will be cause for immediate dismissal and may result in the parent being contacted to pick up their child at the mountain

It is understood that the failure to follow any of the above rules could result in missed trips and/or dismissal from the program with no refund.



Seekonk Parks and Recreation Ski and Board Program 2018 SEASON



Limited Enrollment:

1st 50 Participants from each school will be accepted (THE TRIPS WILL NOT RUN WITHOUT 40 ENROLLED), on a first come first served basis. All others will be wait listed, if we have 70 members for a school a 2nd bus will be considered (max100).

Program dates: Friday Night – 1/5, 1/12, 1/19, 1/26, 2/2 & 2/09, in the year 2018.
Program Fee: Parks and Recreation and Fisher Bus Line

Costs for skiing and snowboarding are as follows:

Seekonk P&R Program Fee	\$ 150*	Pass/Badge Insurance Policy	\$25
Friday Lift Tickets	\$ 140	(Recommended)	
Helmet Rental	\$ 20 (if needed)	\$50 Cow Debit Card	\$45
Ski Rentals	\$ 100 (if needed)	(Recommended)	
Snowboard Rental	\$ 100 (if needed)	Terrain Park	\$5
Ski/SB Lessons	\$ 60 (if needed)		

* Charge of **\$150** (Check or money order made payable to **Town of Seekonk to be submitted before applying to Wachusett.com**) Put participant name(s) and school (HS or MS) on comment line. . .

To read the Handbook, additional links or submit forms by paper go to <http://seekonkrecreation.com/ski> Forms will also be available at the informational meeting on November 15th, 2018 @6:30 in the Seekonk High School Library and at the town hall any time after the meeting. (

Register in Two Places-

1. <https://goo.gl/forms/7EZ0sIM3m5MXklrP2> **Sign up here first for both the HS and Middle School Programs.**
2. <http://www.Wachusett.com/SchoolGroup> **Sign up only after submitting payment and form to SP&R**

At the bottom of the Mountain's Registration page, enter the appropriate school Group Code

- **Middle School-aged Participants:** Access Code is SEKR
- **High School-aged Participants:** Access Code is SEKH

Bus leaves high school at 2:05 and 2:45 pm from the schools. Guardians are responsible for picking up participants at approx. 9:40 and 10:20pm respectively at the program school. All participants must ride the bus. WRITTEN NOTICE IS REQUIRED IF PARTICIPANT WILL NOT BE RIDING THE BUS HOME EACH TRIP.

***IT IS IMPERATIVE YOUR PARTICIPANT UNDERSTANDS THE RULES SET FORTH IN THE HANDBOOK AS THERE ARE NO SECOND CHANCES. KEEPING YOUR PARTICIPANT SAFE IS THE #1 PRIORITY.**

Be sure you have completed in the following order:

1. Reading the hand book (guardian and participant), Parks and Rec Waiver, and Heads Up Concussion form, and Parks and Rec Online Application Form (paper forms are available on request.)
2. Complete the Online Registration Form for each participant.
3. Submit Payment to Parks and Rec-
4. Completed Wachusett Mountain Online Registration
5. Sign up for Remind Texts or E-mails
 - a. Remind* Hurley; Text to 81010 to @hurleysk or send e-mail hurleysk@mail.remind.com
 - b. Remind High School; Text to 81010 to @shssk or send e-mail shssk@mail.remind.com

Thank you & Think SNOW!
Mr. Wills, Ms. Balasco and John Pozzi
Ski Program Coordinators

Any further questions please contact Mr Wills at mrwillsseekonkrecreation@gmail.com or Mr. Pozzi at seekonkrecreation@gmail.com or 508-944-4226

Ski and Board Program Registration Checklist

Registration should be completed by Monday, November 20th, 2017. Please contact the program director if you have any questions regarding registration.

1. Read The Parks and Recreation Ski and Board Program Handbook.

2. Complete the Ski and Board Program Online Registration Forms If you do not have online access, paper forms can be filled out. This handbook contains a registration forms that must be completed for each participant. The registration form includes all relevant participant information and parent/guardian consent necessary to participate. Current health insurance information is required (provider/policy number).

<https://goo.gl/forms/7EZ0sIM3m5MXklrP2> or click link at <http://seekonkrecreation.com/ski>

3. Program Fee Check

Please make the Program Fee check payable to "Town of Seekonk" in the amount of \$140. **Please include the student name(s) and the school(HS or M)** on the check memo line.

4. Register and Pay at Wachusett Mountain Website

<http://www.Wachusett.com/SchoolGroup>

At the bottom of the Mountain Registration page enter our school's Group Code

- Middle School-aged Participants: Access Code is SEKR
- High School-aged Participants: Access Code is SEKH

From that point, you may complete the Wachusett Mountain Registration Form (once for each participant). Please note that lessons are required for all beginners. You might also consider getting a "Card of Wachusett" (also known as a COW card) for 10% savings on purchases made at the mountain.

It is highly recommended that you purchase badge insurance at this time. This is will prevent you from paying for lost cards and will also expedite any necessary refunds. The mountain may not refund after submitting.

** The first fifty individuals to return all forms and payments for each age group (High School/Middle School) will accepted. The remaining participants may be wait-listed until another bus can be added.*



Parent/Athlete Concussion Information Sheet

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports **one or more** symptoms of concussion listed below after a bump, blow, or jolt to

Did You Know?

- Most concussions occur *without* loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

SIGNS OBSERVED BY COACHING STAFF	SYMPTOMS REPORTED BY ATHLETES
Appears dazed or stunned	Headache or “pressure” in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or blurry vision
Moves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (<i>even briefly</i>)	Feeling sluggish, hazy, foggy, or groggy
Shows mood, behavior, or personality changes	Concentration or memory problems
Can't recall events <i>prior</i> to hit or fall	Confusion
Can't recall events <i>after</i> hit or fall	Just not “feeling right” or “feeling down”

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (*even a brief loss of consciousness should be taken seriously*)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse.

After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Student-Athlete Name Printed

Student-Athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date

PARENTAL CONSENT, RELEASE FROM LIABILITY
AND INDEMNITY AGREEMENT

I/We, the undersigned father, mother or guardian (*circle or insert legal relationship to student, e.g., "parent," "guardian"*) of _____ (*insert name of student*) ("my child"), a minor, do hereby consent to my child's participation in voluntary athletic or recreation programs of the Town/City and/or Public Schools of Seekonk (hereinafter "the Town"/"City").

I/We also agree to forever RELEASE the Town/City, a municipal corporation of the Commonwealth of Massachusetts, and/or the Public Schools of Seekonk, the School Committee, and all their employees, officers, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town/City or Public Schools ("the Releasees") from any and all claims, actions, rights of action and causes of action, damages, costs, loss of services, expenses, compensation and attorneys' fees that may have arisen in the past, or may arise in the future, directly or indirectly, from known and unknown personal injuries to my child or property damage resulting from my child's participation in the said Town/City and/or Public School's voluntary athletic or recreation programs which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor child and which said minor child has or hereafter may acquire, either before or after reaching majority.

I/We also promise, to INDEMNIFY, REIMBURSE, DEFEND, and HOLD HARMLESS the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, including damages, costs and attorneys' fees, arising from personal injuries to my child or property damage resulting from my child's participation in the Town/City and/or Public Schools of Seekonk voluntary athletic or recreation programs or administration of first aid.

I/We further affirm that I/we have read this Parental Consent, Release from Liability and Indemnity Agreement, and that I/we understand the contents of this Agreement. I/We understand that my child's participation in these programs is voluntary and that my child and I/we are free to choose not to participate in said programs. By signing this Agreement, I/we affirm that I/we have decided to allow my child to participate in the Town/City and/or Public Schools' athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage my child or I/we may suffer in voluntary Town/City and/or Public School athletic or recreation programs.

Signed:

Parent(s) or Guardian(s) of

Student/Participant

This form may not be altered

2017-2018 Ski and Board Registration Form (page 1 of 2)

I. Ski and Board Participant Information

Circle One: SHS Program or Hurley Program

Participant Name: _____ Participant Address: _____

City: _____ State: _____ Zip: _____ Current School: _____ Grade: _____

T-Shirt Size _____

Intended Activity (please circle): Ski Snowboard

Current Skill level (please circle): Never Tried Beginner Intermediate Advanced

Do you intend to take lessons at the mountain (please circle)? Yes No

Do you intend to rent equipment from the mountain (please circle)? Yes No

II. Parent/Guardian Information

(1) Parent/Guardian Name: _____ Phone: _____ email: _____

(2) Parent/Guardian Name: _____ Phone: _____ email: _____

III. Medical/Insurance Information

Name of Insurance Company: _____ Policy # _____

Name of Policy Holder: _____

Emergency Contact (if other than parent/guardian): _____ Phone: _____

Please indicate any relevant health issues for the safety and well-being of participant

History of Seizures? _____ EPI Pen? _____ Inhaler? _____ Allergies (list): _____

Prior Relevant Injuries (list): _____

Other (list): _____

IV. Chaperone Information (CORI Form Required)

Chaperone Name: _____ Trips (please circle): 1/5 1/12 1/19 1/26 2/2 2/09

Phone Number: _____ email address: _____

If you would like to be a chaperone please include an attached CORI form along with application. CORI forms may be found at:

2017-2018 Ski and Board Registration Form (Page 2 of 2)

V. Disclosures/Consent

This certifies that my son/daughter _____ has my permission to participate in an instructional/recreational ski/snowboard program at Wachusett Mountain Ski area starting January 2017. I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to the rules and regulations, and accept them as a participant/parent. I also understand that the participants are not under constant supervision while at the Mountain.

Heads-Up Concussion Form

This certifies that both the participant and their guardians have read the Heads Up: Concussion Form, any questions about this form should be directed to the participants primary physician. The program will also be informed if a the participant receives a concussion at any time during the program. Initials: _____

Photo Release

I give my permission for the Seekonk Parks and Recreation to use images of my son or daughter taken on program events for display on Seekonk Parks and Recreation media and promotions. Initials: _____

Permissions under Emergency

I understand that every effort will be made to contact the family in the case of an emergency, but if contact cannot be made I authorize the Ski and Board Program coordinator (or designee) to give consent for emergency medical treatment for my son/daughter. Initials: _____

Rules/Conduct

I have read and understand the Seekonk Parks and Recreation Handbook and agree to follow all policies within. Initials: _____

Waiver

This certifies that both guardian and participant have read the Seekonk Parks and Recreation Waiver that was provided for download. Signing below is the same as signing the form provided. Initials: _____

Your signature below indicates that you have read and understand all contents contained within this handbook.

Printed Name of Parent or Guardian: _____

Signature of Parent or Guardian: _____

Signature of Participant: _____

Date: _____